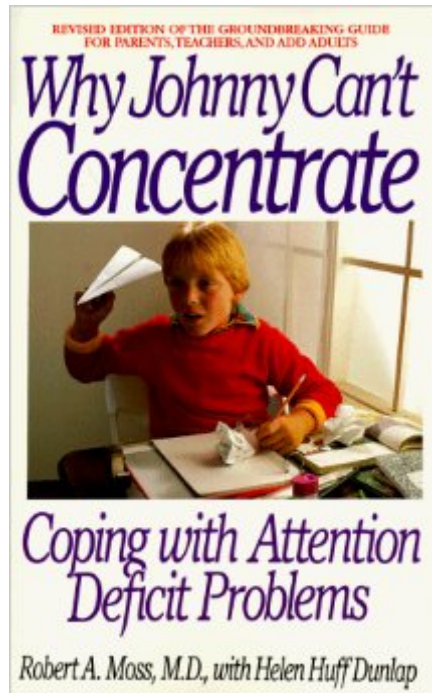


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Why Johnny Can't Concentrate: Coping With Attention Deficit Problems



Book Information

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Customer Reviews

First a caution: medical science around ADD has come a long way since this book was written. Medications have improved. Etc. FOr the medical side, Dr Amen's "Healing ADD" is the book to read IMO. However, that aside, I will say that this book is one which I owe a great debt to. I was diagnosed with ADD at the age of 12 largely because my father, a physician, read this book. The book is well written and organized and was revolutionary in its day. The book still has a great deal to offer in terms of people who should be involved in the diagnostic process. Further, the discussions on the proper roles of teachers and schools is still quite relevant. One area however that I am more sceptical is where the author discusses fad treatments. My own experience suggests that a healthy environment is critical to controlling ADD (with or without medication), and that the issues with some of the fads have more to do with people expecting too much or adopting them religiously. Perhaps some day, I will write a book on my experiences. Until that day, I will recommend this one.

Great book to help with ADD. My sons doctor highly recommended this book and I am so glad he did.

Excelent book to understand and know how to work with add children

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